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 **MENU *Week:1***

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| **Day** | **Breakfast** | **Lunch** | **Tea/Desserts & Puddings** |
| **Mon** | ***Choice of fruit juicesChoice of cereals, porridgeBread with a choice of******spreads(Marmite, Marmalade,Jam,*** ***Butter)******Tea/Coffee*** | ***Mains******Lamb and Mint Casserole / Chicken Curry******Vegetables******Green Beans / Creamy Garlic Mushroom / Mash Potato or Rice and Gravy******Butternut Squash******Puddings & Desserts******Upside Down Pineapple Sponge /Chocolate Brownies*** | ***Mains******Vegetable Soup/Choice of Sandwiches******Corned Beef Hash******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Tue** | ***COOKED BREAKFAST******Poached/boiled/scrambled or fried egg/bacon with baked beans******Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)******Tea/Coffee*** | ***Mains******Liver, Bacon, Onions******Sausage & Mash******Vegetables******Swede******Spinach******CauliflowerMash Potato with Gravy******Puddings & Desserts******Vanilla Cheesecake/Apple Sponge Cake*** | ***Mains******Tomato Soup******Choice of Sandwiches******Cheese on Toast with Worcestershire Sauce******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble,*** ***Sticky Toffee Pudding*** |
| **Wed** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Egg and Ham with Chips******Shepherd’s PieVegetables******Carrots /BroccoliRoast Potato or Mash******Roast Parsnips with Gravy and Apple Sauce*** ***Puddings & Desserts***  ***Bread & Butter and Tiramisu*** | ***Mains******Chicken Soup******Choice of Sandwiches******Quiche******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Thu** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Beef Stew & Dumplings******Savoury Mince******Vegetables******Sweetcorn******Red Cabbage******LeeksMash Potato or Rice with Gravy******Puddings & Desserts******Apple Pie / Lime Cheesecake*** | ***Mains******Leek & Potato Soup******Choice of Sandwiches******Jacket Potatoes w/ Cheese, Beans & Tuna******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Fri** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Battered Fish & Chips******Faggots******Vegetables******Green Peas******Chopped TomatoesMash Potato or Chips******Puddings & Desserts*** ***Red Fruit Crumble / Banoffee Pie*** | ***Mains******Mushroom Soup******Choice of Sandwiches******Sausage Stew******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Sat** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Lamb Hot Pot******Chicken Leek Pie******Vegetables******Green Cabbage******ChickpeasMash Potato with Gravy******Butternut Squash******Puddings & Desserts*** ***Lemon Meringue Pie / Chocolate Twirls*** | ***Mains******Tomato Soup******Choice of Sandwiches******Cheese and Ham Salad******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Sun** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Roast Beef, Yorkshire Pudding, Roast Potatoes or Mash, Honey Roasted Parsnips******Vegetables******Carrots******Cauliflower******Green Beans******Puddings & Desserts******Fruit Trifle*** ***Banana Fritters*** | ***Mains******Vegetable Soup******Choice of Sandwiches******Cauliflower Cheese******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |

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 **MENU *Week:2***

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| **Day** | **Breakfast** | **Lunch** | **Tea/Desserts & Puddings** |
| **Mon** | ***Choice of fruit juicesChoice of cereals, porridgeBread with a choice of******spreads(Marmite, Marmalade, Jam,*** ***Butter)******Tea/Coffee*** | ***Mains******Sausage & Mash******Lasagne******Vegetables******Mixed Roast Peppers******Creamy Garlic Mushrooms Sweetcorn Mashed Potatoes******Puddings & Desserts******Chocolate & Vanilla Marble*** ***Cake & Custard/Orange Cheesecake*** | ***Mains******Leek & Potato Soup******Choice of Sandwiches******Choice of Pizza******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Tue** | ***COOKED BREAKFAST******Poached/boiled/scrambled or fried egg/bacon with baked beans******Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter). Tea/Coffee*** | ***Mains******Beef Stew******Sweet & Sour Chicken******Vegetables******Green CabbageBeetrootMash Potato or Rice******Puddings & Desserts******Profiteroles & Chocolate Sauce******Apple Crumble*** | ***Mains******Tomato Soup******Choice of Sandwiches******Quiche******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Wed** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Shepherd’s Pie******Faggots******Vegetables*** ***Swede / Cauliflower  Spinach / Mash Potato or Pasta******Puddings & Desserts******Upside-down Pineapple Sponge******Fruit Flaps*** | ***Mains******Mushroom Soup******Choice of Sandwiches******Cauliflower Cheese******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Thu** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Roast Lamb******Vegetables******Carrots******Broccoli ChickpeasRoast Potatoes or Mash******Puddings & Desserts******Fruit Swiss Roll******Tiramisu*** | ***Mains******Vegetable Soup******Choice of Sandwiches******Spaghetti Hoops on Toast******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Fri** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Battered Fish & Chips******Sausage Casserole******Vegetables******Green Peas******Chopped Tomatoes******Mash Potatoes or Chips******Puddings & Desserts******Rice Pudding******Chocolate Brownies*** | ***Mains******Chicken Soup******Choice of Sandwiches******Eggs on toast******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses, Fresh Fruits, Banana Fritters, Trifle, Profiteroles, Banoffee Pie, Cheese Cake, Gateaux, Apple Crumble, Sticky Toffee Pudding*** |
| **Sat** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Corned Beef Hash******Chicken Caserole******Vegetables******Roasted Courgettes******White Cabbage Butternut Squash/Mash Potato******Puddings & Desserts******Sherry Trifle******Mincemeat Pinwheels*** | ***Mains******Leek & Potato Soup******Choice of Sandwiches******Sausage Egg Pie******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses, Fresh Fruits, Banana Fritters, Trifle, Profiteroles, Banoffee Pie, Cheese Cake, Gateaux, Apple Crumble, Sticky Toffee Pudding*** |
| **Sun** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** |  ***Mains******Roast Chicken******Vegetables*** ***Beetroot / Leeks******Cauliflower Roast Potatoes or Mash******Puddings & Desserts******Apple Pie******Banoffee Pie*** | ***Mains******Tomato Soup******Choice of Sandwiches******Egg Salad******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses, Fresh Fruits, Banana Fritters, Trifle, Profiteroles, Banoffee Pie, Cheese Cake, Gateaux, Apple Crumble, Sticky Toffee Pudding*** |

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 **MENU *Week:3***

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| **Day** | **Breakfast** | **Lunch** | **Tea/Desserts & Puddings** |
| **Mon** | ***Choice of fruit juicesChoice of cereals, porridgeBread with a choice of******spreads(Marmite, Marmalade, Jam,*** ***Butter)******Tea/Coffee*** | ***Mains******Lamb & Mint Casserole******Vegetable Curry******Vegetables******Chickpeas******Red Cabbage******Mash Potatoes or Rice******Puddings & Desserts******Bread & Butter Pudding******Chocolate Brownies*** | ***Mains******Mushroom Soup******Choice of Sandwiches******Fish Cakes with Chips & Peas******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Tue** | ***COOKED BREAKFAST******Poached/boiled/scrambled or fried egg/bacon with baked beans******Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter). Tea/Coffee*** | ***Mains******Sausage & Mash******Faggots in Gravy******Vegetables******Creamy Garlic Mushrooms******Green Beans******Mash Potatoes******Puddings & Desserts******Banana Fritters******Black Forest Gateaux*** | ***Mains******Tomato Soup******Choice of Sandwiches******Egg on Toast/ Eggy Bread******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Wed** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Roast Beef Yorkshire PuddingVegetables*** ***Carrots / Green Cabbage******Cauliflower******Roast Potatoes or Mash******Puddings & Desserts******Banana Fritters******Lime Cheesecake*** | ***Mains******Chicken Soup******Choice of Sandwiches******Pizza******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Thu** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Battered Fish******Corned Beef Hash******Vegetables******Green Peas******Chopped Tomatoes******Chips or Mash******Parsley Sauce or Tartar Sauce******Puddings & Desserts******Raspberry Swiss Roll******Rice Pudding*** | ***Mains******Vegetable Soup******Choice of Sandwiches******Cheese Crackers******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Fri** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Cottage Pie******Lamb Curry******Vegetables*** ***Spinach/ Beetroot******Mash Potatoes or Pasta******Butternaut Squash******Puddings & Desserts******Profiteroles & Chocolate Sauce******Tiramasu*** | ***Mains******Leek & Potato Soup******Choice of Sandwiches******Sausage Stew******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,******Fresh Fruits, Banana Fritters, Trifle, Profiteroles,******Banoffee Pie, Cheese Cake, Gateaux, Apple******Crumble, Sticky Toffee Pudding*** |
| **Sat** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Chicken Korma******Sausage Casserole******Vegetables******Mix Roast Peppers******Creamy Garlic Mushrooms******Green Cabbage******Mash Potatoes or Rice******Puddings & Desserts******Upside Down Pineapple Sponge******Banoffee Pie*** | ***Mains******Mushroom Soup******Choice of Sandwiches******Garlic Bread and Chilli Con Carne******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,******Fresh Fruits, Banana Fritters, Trifle, Profiteroles,******Banoffee Pie, Cheese Cake, Gateaux, Apple******Crumble, Sticky Toffee Pudding*** |
| **Sun** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Roast Chicken******Vegetables*** ***Carrots/Brocolli/Swede******Roast Potatoes or Mash******Puddings & Desserts******Chocolate Twirls******Lemon Cheesecake*** | ***Mains******Tomato Soup******Choice of Sandwiches******Cheese Omelette******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,******Fresh Fruits, Banana Fritters, Trifle, Profiteroles,******Banoffee Pie, Cheese Cake, Gateaux, Apple******Crumble, Sticky Toffee Pudding*** |

 **MENU *Week:4***

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| **Day** | **Breakfast** | **Lunch** | **Tea/Desserts & Puddings** |
| **Mon** | ***Choice of fruit juicesChoice of cereals, porridgeBread with a choice of******spreads(Marmite, Marmalade, Jam,*** ***Butter)******Tea/Coffee*** | ***Mains******Corned Beef Hash******Vegetable Curry******Vegetables******Chickpeas******Red Cabbage******Mash Potatoes or Rice******Puddings & Desserts******Bread & Butter Pudding******Chocolate Brownies*** | ***Mains******Mushroom Soup******Choice of Sandwiches******Fish Cakes with Chips & Peas******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Tue** | ***COOKED BREAKFAST******Poached/boiled/scrambled or fried egg/bacon with baked beans******Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter). Tea/Coffee*** | ***Mains******Sausage & Mash******Faggots in Gravy******Vegetables******Creamy Garlic Mushrooms******Green Beans******Mash Potatoes******Puddings & Desserts******Banana Fritters******Black Forest Gateaux*** | ***Mains******Tomato Soup******Choice of Sandwiches******Egg on Toast/ Eggy Bread******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Wed** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Roast Beef Yorkshire PuddingVegetables*** ***Carrots / Green Cabbage******Cauliflower******Roast Potatoes or Mash******Puddings & Desserts******Banana Fritters******Lime Cheesecake*** | ***Mains******Chicken Soup******Choice of Sandwiches******Pizza******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Thu** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Shepherd’s Pie******Lamb Hot Pot******Vegetables******Green Peas******Chopped Tomatoes******Chips or Mash******Parsley Sauce or Tartar Sauce******Puddings & Desserts******Raspberry Swiss Roll******Rice Pudding*** | ***Mains******Vegetable Soup******Choice of Sandwiches******Cream Crackers with Cheese******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,*** ***Fresh Fruits, Banana Fritters, Trifle, Profiteroles,*** ***Banoffee Pie, Cheese Cake, Gateaux, Apple*** ***Crumble, Sticky Toffee Pudding*** |
| **Fri** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Battered Fish******Sausage & Mash******Vegetables*** ***Spinach/ Beetroot******Mash Potatoes or Pasta******Butternaut Squash******Puddings & Desserts******Profiteroles & Chocolate Sauce******Tiramasu*** | ***Mains******Leek & Potato Soup******Choice of Sandwiches******Sausage Stew******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,******Fresh Fruits, Banana Fritters, Trifle, Profiteroles,******Banoffee Pie, Cheese Cake, Gateaux, Apple******Crumble, Sticky Toffee Pudding*** |
| **Sat** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Chicken Korma******Sausage Casserole******Vegetables******Mix Roast Peppers******Creamy Garlic Mushrooms******Green Cabbage******Mash Potatoes or Rice******Puddings & Desserts******Upside Down Pineapple Sponge******Banoffee Pie*** | ***Mains******Mushroom Soup******Choice of Sandwiches******Pizza and Garlic Bread******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,******Fresh Fruits, Banana Fritters, Trifle, Profiteroles,******Banoffee Pie, Cheese Cake, Gateaux, Apple******Crumble, Sticky Toffee Pudding*** |
| **Sun** | ***Choice of fruit juicesChoice of cereals, porridgeSandwichesBread with a choice of spreads(Marmite, Marmalade, Jam,*** ***Butter)Tea/Coffee*** | ***Mains******Sausages with Roasted Vegetables in Gravy******Vegetables*** ***Carrots/Brocolli/Swede******Roast Potatoes or Mash******Puddings & Desserts******Chocolate Twirls******Lemon Cheesecake*** | ***Mains******Tomato Soup******Choice of Sandwiches******Fish Fingers with Salad******Selection of Sponge Cakes******Jelly, Fruit Flan, Ice Cream, Variety of Mousses,******Fresh Fruits, Banana Fritters, Trifle, Profiteroles,******Banoffee Pie, Cheese Cake, Gateaux, Apple******Crumble, Sticky Toffee Pudding*** |